COFFEE GROUND ACTIVATED CHARCOAL AND ITS POTENTIAL AS AN ADSORBENT OF Ca²⁺ AND Mg²⁺ IONS IN REDUCING WATER HARDNESS

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Abstract

Residents of Ciaruteun Udik Village experienced complaints about the well water they use, namely the presence of scale on cooking utensils, soap is difficult to foam, and indigestion due to consuming hard water. One way to reduce water hardness is by adsorption. Coffee grounds can be used as activated charcoal and function as an adsorbent for calcium and magnesium metal ions. The purpose of this study was to determine the optimum contact time, pH, and weight of coffee grounds in the maximum adsorption of hardness in water. This study begins with the preparation of samples in hard water and coffee grounds, namely by activation with HCl, then the FTIR test of coffee grounds before and after activation. Activated coffee grounds charcoal was tested for adsorption capacity against hardness in water with variations in contact time, pH, and weight of the adsorbent. The results showed that coffee grounds activated charcoal can be used as an adsorbent in reducing water hardness. The optimum pH and contact time of coffee grounds activated charcoal in adsorption of hardness in water was at a contact time of 75 minutes and pH 7 with a hardness level in water of 565.17 mg CaCO₃/L decreasing to 56 mg CaCO₃/L. The optimum weight of coffee grounds activated charcoal in adsorption of hardness levels in water from 565.17 mg CaCO₃/L decreasing to 12 mg CaCO₃/L.

Keywords: Adsorption; Hard water; Coffee grounds; Complexometry

1. INTRODUCTION

Indonesia was the world's fourth largest coffee producer in 2015-2016. Indonesia's coffee production reaches 739 thousand tons (ICO [1]). The type of coffee that is mostly produced by farmers and consumed more is robusta (Najiyati and Danarti [2]). The number of coffee production and people who are consumptive of coffee is directly proportional to the coffee grounds waste produced and is not balanced with the utilization of the coffee grounds waste. Coffee grounds waste reaches 324 tons (Khusna and Joko [3]). Coffee grounds are organic materials that can be used as activated charcoal as an adsorbent or absorbent material (Aman et al [4]). According to Ristiana et al [5]) activated charcoal can reduce water hardness up to 31.43 mg/L.

Water hardness is caused by the presence of Ca²⁺ and Mg²⁺ ions (Marsidi [6]). According to Sulistyani et al [7]) and Budiman et al [8]) water hardness can cause scale around the pan when boiling and soap is difficult to foam. High water hardness causes health problems, among others, can cause cardiovascular disease (blockage of the arteries of the heart) and urolithiasis (kidney stones). Residents of Ciaruteun Udik Village experienced complaints about the well water they use, namely the presence of scale on cooking utensils, soap is difficult to foam, and digestive disorders due to consuming the water. According to the Regulation of the Minister of Health of the Republic of Indonesia No. 492/MENKES/PER/IV/2010 concerning drinking water quality requirements, the maximum allowed hardness level is 500 mg/L. One way to reduce water hardness is by adsorption. Based on the description above, a

research was conducted on the use of coffee grounds as activated charcoal to reduce water hardness with variations in contact time, pH, and weight of the adsorbent.

2. RESEARCH METHODS

The tools used include erlenmeyer, volumetric pipette, volumetric flask, stirring rod, burette, test tube, measuring cup, watch dish, filter paper, spatula, porcelain dish, desiccator, oven, furnace, and the instrument used is FTIR. The materials used include coffee grounds, hard water sample solution, Na2S2O2 (Merck), iodine solution (Merck), NaOH (Merck), HNO3 (Merck), starch (Merck), Na2EDTA (Merck), EBT indicator, pH buffer solution 10 and aquades.

2.1. Determination of Hard Water

The hard water used was obtained from Ciaruteun Udik Village. Hard water was taken from wells with a depth of 10 meters which was carried out on May 04, 2020 and May 11, 2020.

2.2. Coffee Ground Activation

The coffee grounds were dried at 105°C for 5 hours, then put in a 450°C furnace for 45 minutes. The coffee grounds were sifted to obtain a homogeneous size of 100 mesh. Activation of coffee grounds was carried out by immersing 150 grams of coffee grounds using 500 mL HCl 0.1 M for 48 hours. The activated coffee grounds were then filtered, and washed again using distilled water until the pH of the filtrate was neutral. Activated coffee grounds were



dried in an oven at 100°C for 4 hours (Aman et al **[4]** and Samosir et al **[9]**).

2.3. Characteristics of Coffee Ground Activated Charcoal

Characterization of coffee grounds activated charcoal using FTIR to determine functional groups. The chemical characteristics of activated charcoal include analysis of moisture content, ash content, volatile matter content, carbon content, and iodine absorption. The activated charcoal analysis procedure refers to the Indonesian National Standard 06-3730-1995 regarding technical activated charcoal.

2.4. Optimization of Contact Time, pH and Adsorbent Weight

Determination of contact time in the optimum adsorption process was carried out by making a solution of 100 mL of water hardness sample with a concentration of 565.17 mg/L. 2 grams of coffee grounds activated charcoal was added to the sample solution. Stirred with a stirrer with variations in contact time of 30, 45, 60, 75, and 90 minutes and variations in pH 4, 5, 6, and 7. Adjusting the pH of the solution using HNO₃ 0.01 M and NaOH 0.01 M. The test sample solution then filtered and determined the concentration of Ca and Mg by complexometric titration (Imawati and Adhitiyawarman [10]). Determination of the mass of activated charcoal in the optimum adsorption process was carried out by making a solution of 1 L of water hardness sample with a concentration of 565.17 mg/L. The sample solution was contacted with coffee grounds activated charcoal with a mass variation of 5 g/L; 6 g/L; 8 g/L; and 10 g/L. Then stirred with optimum contact time and pH conditions.

2.5. Determination of Total Hardness by Complexometric Titration

The sample of water hardness that has been in contact with the adsorbent of activated charcoal coffee grounds is taken 25 mL then put into a 250 mL Erlenmeyer and added 25 mL of distilled water. The sample solution was added with 1-2 mL of pH 10 buffer solution and 30 mg of EBT (Eriochrome Black-T) indicator. The sample solution was then titrated with Na₂EDTA 0.01 M slowly until a purplish red color changes to blue (Astuti et al **[11]**).

3. RESULTS AND DISCUSSION

3.1. Characteristics of Coffee Ground Activated Charcoal

Activated charcoal or often called activated carbon is a carbon that has large pores and a large surface area (Prabarini **[12]**). The characterization of coffee grounds activated charcoal is presented in Table 1.

 Table 1. Characteristics of Coffee Ground Activated

Charcoal					
Test Parameters	Rate	SNI 06-3730-1995			
Water content	7%	Max. 15%			
Ash Level	4%	Max. 10%			
Substance Level	9%	Max. 25%			
Easy Fly					
Carbon Content	80%	Min. 65%			
Iodine Number or	749.86	Min. 750 mg/g			
Adsorption Capacity	mg/g				

The less water content contained in activated charcoal so that it can produce larger pores. The larger the pores, the surface area of the activated carbon will increase, resulting in an increase in the adsorption ability of activated carbon (Sulaiman et al **[13]**). The characteristics of the coffee grounds activated charcoal listed in Table 1 has a water content according to SNI, which is below 15% with a water content of 7%.

In activated charcoal, the ash content is tried to be as small as possible because it will reduce its adsorption capacity in both gas and solution form (Sulaiman et al [13]). The characteristics of the coffee grounds activated charcoal listed in Table 1 has an ash content according to SNI, which is below 10% with an ash content of 4%.

The volatile matter content is the result of the decomposition of charcoal constituents due to the heating process during cooking and is not a component of charcoal (Kusdarini et al **[14]**). The characteristics of the coffee grounds activated charcoal listed in Table 1 has a volatile substance content according to SNI, which is below 25% with a volatile substance content of 9%.

The high and low levels of carbon are influenced by the amount of water content, ash content, and levels of volatile substances in the material (Permatasari et al **[15]**). The characteristics of the coffee grounds activated charcoal listed in Table 1 has a carbon content according to SNI, which is above 65% with a carbon content of 80%.

According to Imawati and Adhitiyawarman [10]) the iodine number indicates the amount of iodine (mg) that can be absorbed by one gram of activated charcoal. Coffee grounds activated charcoal has an iodine adsorption capacity according to SNI, which is below 750 mg/g with an iodine adsorption of 749.86 mg/g.

3.2. Spectra FTIR Coffee Ground Charcoal Before and After Activation

The frequency data of the activated charcoal functional group of coffee grounds can be seen in Table 2.



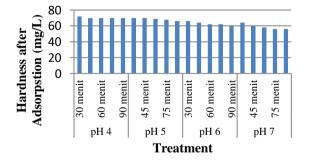
No	Frequency	Frequency	Bond	Functional		
	(cm ⁻¹)	Range (cm ⁻¹)	Type	group		
Before Activation						
1	3694.00	3600-3000	OH	Alcohol		
2	2922.59	2800-3000	CH	Alkene		
3	1565.49	1450-1600	CC	Aril		
4	1059,19	1000-1300	CO	Esther		
After Activation						
1	3365.93	3600-3000	OH	Alcohol		
2	2924.99	2800-3000	CH	Alkene		
3	1744.99	1705-1750	C=O	Ketones		
4	1458.05	1450-1600	CC	Aril		
5	1060.48	1000-1300	CO	Esther		

Table 2. IR Interpretation of Coffee Ground CharcoalBefore and After Activation (Source: Fessenden [16])

Based on the analysis of the interpretation of the FTIR spectrum on coffee grounds charcoal before and after activation, it showed the presence of O-H (Alcohol), =C-H (Alkene), C=C (Aryl), C=O (Ester) groups, and the appearance of C=O (Ketone) groups on coffee grounds activated charcoal. The presence of an alcohol group in the activated charcoal of coffee grounds can increase the adsorption capacity (Alya et al [17]).

3.3. Optimization Results of Contact Time, pH, and Mass of Activated Charcoal Coffee Grounds Against Hardness in Water

The adsorption capacity of coffee grounds activated charcoal with variations in contact time and pH to water hardness is shown in Figure 1.



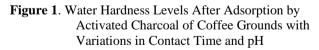


Figure 1 shows that there was a decrease in the level of water hardness after the adsorption process by activated charcoal with variations in time and pH. The longer the contact time and the higher the pH used, the greater the adsorption, which is indicated by the decrease in the level of hardness in hard water. The optimum contact time and pH that can reduce the level of hardness in water is the best at a contact time of 75 minutes and pH 7 with a hardness level in water of 56 mg/L and % Recovery is 96. The optimum time for adsorption of hardness in water by activated charcoal of coffee grounds is 75 minutes. The optimum time is reached when the increase in adsorbate levels reaches its maximum point so that the addition of contact time will not have a significant effect on reducing the adsorbate levels in the sample (Lestari [18]). The longer the contact time, the greater the interaction between the adsorbate is adsorbate, so that more and more adsorbate is adsorbed by the adsorbent, but if it is too long it can reduce the absorption rate (Maghfiroh et al, [19]).

In this study, various mass variations of coffee grounds activated charcoal as an adsorbent adsorb Ca^{2+} and Mg^{2+} in hard water at the optimum contact time and pH. The results of the analysis of the effect of the adsorbent mass in adsorption of hardness in water can be seen in Figure 2.

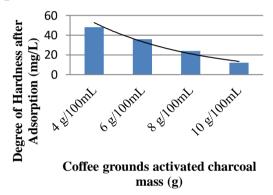


Figure 2. Relationship of Water Hardness to Coffee Ground Adsorbent Mass

Figure 2 shows that there was a decrease in hardness in water after the adsorption process by activated charcoal with variations in the mass of the adsorbent. The greater the mass of activated charcoal used, the greater the adsorption, which is indicated by the decrease in the level of hardness in the water. The relationship between the mass of coffee grounds activated charcoal and the decrease in hardness is inversely proportional to the equation: $Y = 83.13e^{-0.45X}$, with a coefficient of determination, $R^2 = 0.960$. Y = hardness and x weight of coffee grounds activated charcoal per 100 mL of hard water. The decrease in hardness at the addition of 10 grams/100mL resulted in water hardness of 12 mg/L and the % recovery was 100%. The decrease in hardness at the addition of 10 grams/100mL resulted in water hardness of 12 mg/L and the % recovery was 100%. According to Yustinah et al [20], the higher the amount of adsorbent used, the more metal will be adsorbed. This is understandable because the more adsorbents are used, the greater the surface area that can be used as a site for the adsorbate to be adsorbed in the adsorbent.

4. CONCLUSION

Activated charcoal of coffee grounds can be used as an adsorbent in adsorption of hardness in water. The optimum pH and contact time of coffee grounds activated charcoal in adsorption of hardness in water was at a contact



time of 75 minutes and pH 7 with a hardness level in water of 565.17 mg CaCO₃/L decreasing to 56 mg CaCO₃/L. The optimum weight of coffee grounds activated charcoal in adsorption of hardness in water is 10 grams with hardness levels in water from 565.17 mg CaCO₃/L decreasing to 12 mg CaCO₃/L.

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