

TYPE, CAUSE, AND EFFECT OF BULLYING IN A GIRL LIKE HER MOVIE

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Article history: received 20 August 2021; revised 29 August 2021; accepted 04 September 2021

Abstract. Bullying is a serious problem which must be solved and eradicated. School is the most place of bullying action, since students come from different social background are gathered in a long time. This research investigates the case of bullying in A Girl Like Her movie. The investigations are limited into three main problems. They are type, cause, and effect of bullying. This research uses descriptive qualitative approach as the method analysis. The results show there are four types of bullying found in the movie, they are verbal 52.4%, physical 19%, cyber 14.3%, and relation 14.3%. The most type of bullying is verbal. Later, the cause of bullying which found in this movie is only social factor, since the intimidator has a parental problem in her family. Lastly, the effect of bullying to the victim are stress, emotional disorder, and behaviour disorder for the serious problem by trying to kill her self by drinking over dose medicine.

Keywords: bullying, school; type; cause; effect

I. INTRODUCTION

The word “bully” [1] can be traced back as far as the 1530s. In its most basic sense bullying involves two people, a bully or intimidator and a victim. The bully abuses the victim through physical, verbal, or other means in order to gain a sense of superiority and power. These actions may be direct (i.e. hitting, verbally assaulting face-to-face, etc.) or indirect (i.e. rumors, gossip, etc.). (Donegan [2]) It means bullying can happen online or in conventional, via various devices and digital platforms and it can be obvious or hidden. It always has the potential to be repeated (Erika, Pertiwi, & Seniwati [3]), (Hemphill, Heerde, & Gomo, [4]).

Bullying is a serious problem (Li [5]), since it involves many people. They are people who are more powerful, victims, and observers (Darney, Howcroft, & Stroud [1]). Bullying is usually done continually by the aggressive person or someone who does bullying to the people are bullied, in sum someone bullied will feel useless and insecure. One of the most place of bullying is school, since students come from different social class levels gathered in one place for a long time from morning to evening. When the school condition can not control them tightly, there will happen bullying action like underestimating someone else continually. (Gendron, Williams, & Guerra [6])

This research is actually in a limited cases which is taken from a movie entitiled *A girl like her*. There are a lot of bullying happen in this movie. They are physical bullying, cyber bullying, and relationship bullying. In this case the bullying happen in school among the students. This research investigates about the types of bullying (Darney [1]), (The Cool School Programme, n.d.), the cause why the bullying happen (Hemphill [4]), and the effect (Gendron [6]) of the bullying to the victim and the suspect.

This research is obviously different with the pervious reseraches (Gendron [6]), (Gomba [7]). They conclude that bullying usually happen in poor school environment, however in this research the bullying happen in the top ten school in America where there has a very strick rule, well controled, and good climetes but still bullying can be prevented, since there are many ways to bully.

II. RESEARCH METHODS

This research uses descriptive qualitative method. The object of the research is *A Girl Like Her* movie published in 2015 directed by Amy S. Weber. The data is all the scenes and dialogues related to the bullying. The data is taken by doing some steps. First is by watching the movie more than three times. Then, the researchers collect all the scenes and dialogues about bullying. Next the data is sorted by using the theory from (Metin Piflkin [8])

III. RESULTS AND DISCUSSION

A. Types of Bullying

There are four types of bullying found in this research. They are physical, verbal, relation, and cyber bullying. The data is in the following table 1.

Table 1. Types of Bullying

No	Types of Bullying	Amount of bullying scenes	Percentage
1	Verbal	11	52.4%
2	Physical	4	19%
3	Relation	3	14.3%
4	Cyber	3	14.3%
Total		21	100%

1) Verbal Bullying

Verbal bullying is the act of saying verbal language to embarrass or calling someone with mean words to hurt their feelings. Because people should know that words are powerful. People that do verbal bullying usually have low self-esteem and they want to make themselves feel good even better. Verbal bullying can be very damaging and have long term psychological or emotional ways affect, which can be extremely dangerous for the victims.



Figure 1. Avery called a bad name to Jessica (0:49:19)

Calling someone with bad names is part of verbal bullying. In the picture, Avery called Jessica with the word "Bitch" which is a part of bad words. It can be said that Avery bullies Jessica verbally.

2) Physical Bullying

Physical bullying is the most obvious type of bullying. Some victims of physical bullying are usually physically weaker than the bullies. Physical Bullying is an offensive behavior that hurts someone's body or damages their possessions which involves a physical attack like hitting, pushing, tripping, slapping, spitting, stealing, and throwing something to the victim. The effects of physical bullying can be easier to spot. There are four kinds of physical bullying faced by Jessica, tripping, pushing, throwing a cracker, and pouring water

a) Tripping



Figure 2. Avery tripped Jessica's feet and pretended to help (0:49:39 – 0:49:45)

Avery : Hi, Jess! Go on.

Jessica : Aww

Avery : I'm really sorry, I'm really sorry. I'm sorry.

Jessica : It's fine.

Avery : I'm really sorry. I didn't mean to. Yeah, right.
Ahahaha

Avery : Hi, Jess! Go on.

Jessica falls down after being tripped by Avery. This incident happens when Jessica goes to the classroom and she meets Avery in front of the class door. Avery opens the door for Jessica and suddenly tripped Jessica's feet. Then, Avery gives her hand and pretends to help Jessica. After that, Avery and her friends just laugh and leave her when she falls down on the floor.

b) Pushing



Figure 3. Avery pushes Jessica to the water closet (0:51:01)

The scene in the picture, shows that Avery told Jessica to use another bathroom. She does not want Jessica to use the same bathroom as her because she thinks that Jessica is not in the same level as her. The incident starts when Jessica goes to the bathroom and inside the bathroom, there are Avery and her friends. Then, Avery pushes Jessica to the water closet and forces her not to move.

c) Throwing a Cracker



Figure 4. Avery throws a cracker to Jessica (0:50:16)

Throwing something at someone with a purpose is a kind of physical bullying because it involves physical attack and it hurts the victim physically. Avery does this kind of act to Jessica. The picture shows the scene when Avery and her friends sit in front of Jessica in the canteen when they have a break time. Avery throws a cracker to Jessica. This scene portrays that Avery shows her superiority to intimidate Jessica.

d) *Pouring Water*



Figure 5. Avery poured water to Jessica with shower (0:51:49)

The last physical bullying act experienced by Jessica is when Avery poured some water from shower into her body. It happens when Jessica goes to the bathroom to change her uniform and in the bathroom, she meets Avery and she says to Jessica that she smells something strange on Jessica's body. After saying that, Avery drags Jessica's body to go to the toilet and poured her with water from the shower. After that, Avery and her friends leave Jessica crying alone in the bathroom

3) *Relational Bullying*

Relational bullying or also known as social bullying is a term you may be unfamiliar with and often happens between friends. It is causing harm to a person by damaging friendships and feelings out of the group. Relational bullying is a type of bullying that is very difficult to notice in our social environment, the possibility of the closest people, such as friends, teachers, even parents are very difficult to detect when we are experiencing this condition.

Because this type of bullying does not involve physicality or use painful words directly in front of the victims. Relational bullying can include, lying, spreading rumors, leaving someone out on purpose, negative facial or physical gestures, playing nasty jokes to embarrass the victim, recruiting others to dislike the victim, breaking confidences or sharing secrets, and damaging someone's social reputation or social acceptance. In this movie Jessica Burns gets negative facial from Avery Keller.



Figure 6. Avery gives dirty looks to Jessica (0:46:53)

Avery gives Jessica dirty looks which is a facial expression of disapproval, disgust, or anger when Jessica walks in the hallway of the school. This condition is one of many kinds of relational bullying actions.

4) *Cyber bullying*

Cyber bullying is the use of technology intentionally and repeatedly to threaten, harass, humiliate, or embarrass other people. It takes place over digital devices like computers, cell phones, and tablets. Cyberbullying can occur through text message or online in social media such as Facebook, Twitter, Instagram, or online forums where people can view and share. Cyberbullying includes posting, sending, or sharing negative content or information about the victims that can cause embarrassment or humiliation. Jessica gets a lot of cyberbullying from Avery and it hurts her very much

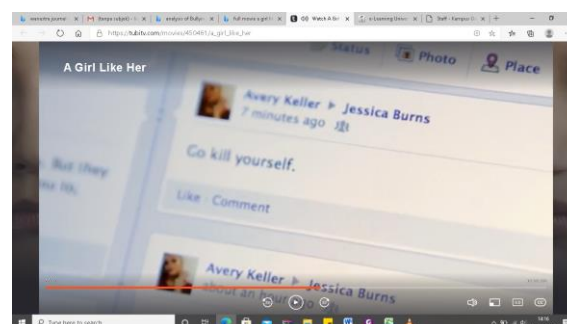


Figure 7. A Facebook message from every

B. Cause of Bullying

According to AIPC (Australia's Leading Diploma of Counseling) the causes of bullying are social factor, environmental factors, and bystander factor. In this research found only social factor. It can be shown that this school is a kind of a very good quality school with straight bystander and very good environment. The picture above proves that this school is remarkable in America. A good school must have straight rules and controlled the students very well in every aspect. To subsequence is environmental factor. This school has a good climate among the school members. They have good relation among students, teachers, school guards, school principle and so for.

Besides, the teachers supervise the students in every school corner. the school has a good supervision at the students. It means students have limited access to do bullying, unless the bullying happened outside the school, during class time and nobody tells about the bullying action to the school charge. Lastly, the only cause of bullying found in this research is the social factor. In this case, the suspect of bullying has a parental problem. The family does not have good communication and seldom supervise their children. The evidences can be shown below;



Figure 8 Every's parents argues to give permission to Every

C. Effect of Bullying

The effect of bullying is not only to the victims but also to the other people. Especially in a school, some students said that they feel uncomfortable and are afraid when they saw someone bullied (Gomba [7]). The findings of this research show the effect of bullying to the victim.

Table 2. Effect of Bullying

No	Effect	Kind of action	Scene	Percentage
1	Emotional disorder	Feeling alone	2	33.3%
2	Stress	Can not control her self	3	50%
3	Behaviour disorder	Take an over medicine to kill her self	1	16.7%
Total			6	100%

The table above shows the effect of bullying to the victim. There are three effect feels by the victim. She feels stress (3 scenes), more emotional (2 scenes), and has a behaviour disorder (one scene). The detail discussion as the following;

1) Emotional disorder

The victim has an emotional disorder, since she was intimidated continually. There are two scenes found as the evidence



Figure 9, She can not control her emotion

Figure 9 shows the victim, becomes more emotional after bullied by Every, the intimidator. She can not keep her sadness alone she tries to show her feeling to her best friend

then she also left the class without asking permission to the teacher.

2) Stress

She tends to be more stress and feel lonely. She feels worry and insecure. Her emotion suddenly change when she got a message from Every. She does not know what to do and how to solve it.

3) Behavior disorder

The most serious effect is she tried to kill herself by drinking over dose medicines



Figure 10. She takes the medicine

Figure 10 shows Jessica is taking some medicines. She tries to kill herself and it makes her got serious problem. After taking those medicines she becomes unconscious for a long time.

IV. CONCLUSION

The conclusion is that bullying can also happen in a very good school climates. Even though the school has a very strict rules, since bullying can be done in many ways. In this research there are four types of bullying found; verbal 52.4%, physical 19%, cyber 14.3%, and relation 14.3%. The most bullying is verbal, due to the intimidator seems more satisfied after doing that. Next is the cause of bullying. In this research, the only cause is social factor. Actually there are three common causes of bullying; social, environment, and bystander, meanwhile the researchers do not find environment and bystander factors, since the school is a *Top Ten* best school in America which has good environment and well controlled. While the social factor is because the intimidator comes from a broken family where the parents do not have good relation with their children, so that the intimidator show her loneliness her power by intimidating other people who is considered more fragile. Bullying affect the victim or someone bullied, in this case there are three effects found to the victim. The victim feels stress, more emotional, and has behaviour disorder. The most serious effect is the victim tries to kill her self by drinking some medicine. In sum, this research is very limited, so that more deep investigation must be needed to find more case about bullying in purpose to make the intimidator be watchful.

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