

DEALING WITH DISCRIMINATION ON *CRAZY RICH ASIANS* MOVIE

Lia Nurmalia^{a*)}, Unpris Yastanti^{a)}, Wiruma Titian Adi^{a)}, Titi Dewi Rohati^{a)}

^{a)} Universitas Bina Sarana Informatika, Jakarta, Indonesia.

^{*)}Corresponding Author: lia.lnm@bsi.ac.id

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Abstract. The purpose of this research are to figure out (1) the effects of discrimination and (2) how to deal with discrimination to finally give the discriminated person some positive effects. This research is arranged by using descriptive qualitative method. The data was taken from *Crazy Rich Asians* movie by selecting the scene of discrimination cases and grouping them into some types of discrimination. The fundamental theory used in analyzing this research is from (Stafrace, 2018). The results show there are four types of negative effects experienced by the main character, they are marginalization, disempowerment, low self-esteem and self-identity, and negative behaviours. While in dealing with discrimination (Psychological, 2016), the main character of the movie focus on 4 ways, (1) focus on her strength, (2) seek support system, (3) help herself think clearly, and (4) don't dwell. Finally, in the way of her ability in handling the discrimination, she found three positive effects after being treated. She becomes more courageous, though, and more confident

Keywords: literature, effect of discrimination, dealing with discrimination, movie,

I. INTRODUCTION

The cases of discrimination happen around the world and it affects the discriminated people in many ways such as mentality, health etc. (Williams et al., 2019). Discrimination is the unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age, or sexual orientation (America Psychological Association, 2022). Discrimination are various, there 12 types which commonly known by public. US government in (Abigail, 2019) declares the following types of discrimination:

1. Age Discrimination: Age discrimination involves treating an applicant or employee less favourably because of his or her age.
2. Disability Discrimination: Disability discrimination occurs when an employer or other entity covered by the Americans with Disabilities Act, as amended, or the Rehabilitation Act, as amended, treats a qualified individual with a disability who is an employee or applicant unfavourably because he or she has a disability.
3. Equal Pay/Compensation Discrimination: The Equal Pay Act requires that men and women in the same workplace be given equal pay for equal work.
4. Genetic Information Discrimination: Genetic information includes information about an individual's genetic tests and the genetic tests of an individual's family members, and information about the manifestation of a disease or disorder in an individual's family members (i.e., family medical history).
5. Harassment: Harassment is unwelcome conduct that is based on race, colour, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information
6. National Origin Discrimination: National origin discrimination involves treating people unfavourably because they are from a particular country or part of the world, because of ethnicity or accent, or because they appear to be of a certain ethnic background (even if they are not).
7. Pregnancy Discrimination: Pregnancy discrimination involves treating a woman unfavorably because of pregnancy, childbirth, or a medical condition related to pregnancy or childbirth.
8. Race/Color Discrimination: Race discrimination involves treating someone unfavorably because he/she is of a certain race or because of personal characteristics associated with race (such as hair texture, skin color, or certain facial features).
9. Religious Discrimination: Religious discrimination involves treating a person unfavorably because of his or her religious beliefs.
10. Retaliation: Retaliation is the most frequently alleged basis of discrimination in the federal sector and the most common discrimination finding in federal sector cases.
11. Sex-Based Discrimination: Discrimination against an individual because of gender identity, including transgender status, or because of sexual orientation is discrimination because of sex.
12. Sexual Harassment: Sexual harassment or unwelcome sexual advances, requests for sexual favors, and other verbal or physical harassment of a sexual nature. Harassment does not have to be of a sexual nature, however, and can include offensive remarks about a person's sex. For example, it is illegal to harass a woman by making offensive comments about women in general.

However, when discrimination is handled in a right way, by means the discriminated people are able to act calmly

and confidently against the discrimination, it will create some positive effects to them, (Agustine, 2020). According to Stafrace (2018), Some negative effects of discrimination are as the following:

1. Marginalization, this can be when people feel they are not part of the main group in society. In health and social care, no one should be marginalized no matter what their background, circumstances, sexual orientation, or health status.
2. Disempowerment, People or groups will feel disempower when more powerful people or group discriminate them.
3. Low self-esteem and self-identity, Discrimination can lead to individuals losing their self-worth or self-esteem. A few defenceless people may have low self-esteem before they begin utilizing health and social care services
4. Negative behaviours such as aggression or criminality, Individuals may take out their anger on those they see in a position of power.

In very small cases, positive effects are also found. Since, discrimination has a connotative meaning, Discrimination can be a very systematic approach with positive effects, (Beauchamps, 2021). To deal with discrimination some action or treatment are needed, according to Kinderman, P., Schwannauer, M., Pontin, E., & Tai, S. (2013)

1. Focus on your strengths. Focusing on your core values, beliefs, and perceived strengths can motivate people to succeed, and may even buffer the negative effects of bias.
2. Seek support systems. One problem with discrimination is that people can internalize others' negative beliefs, even when they are false. You may start to believe you are not good enough. But family and friends can remind you of your worth and help you reframe those faulty beliefs.
3. Get involved. Support does not have to come from people in your family or circle of friends. You can get involved with like-minded groups and organizations, whether locally or online.
4. Help yourself think clearly. Being the target of discrimination can stir up many strong emotions including anger, sadness, and embarrassment. Try to check in with your body before reacting. Slow your breathing or use other relaxation exercises to calm your body's stress response. Then you will be able to think more clearly about how you want to respond.
5. Don not dwell. When you have experienced discrimination, it can be hard to just shake it off. In a calmer moment, it might be helpful to talk over the ways you can cope with similar experiences in the future.
6. Seek professional help. Discrimination is difficult to deal with, and is often associated with symptoms of depression. Psychologists are experts in helping people manage symptoms of stress and depression, and can help you find healthy ways to cope.

II. RESEARCH METHOD

This research is a qualitative research of content analysis (Latief, 2020). The data was taken from Crazy Rich Asians movie by capturing some related scene of discrimination in terms of effects and ways of dealing with discrimination. The following steps of the research are. (1) watch the movie to capture discrimination scenes, (2) analyse the data based on the research problem, (3) provide the detail explanation of the research findings, (4) conclude the research results.

A. RESULT AND DISCUSSION

After analyzing the two main research problem-effects and dealing with discrimination, the results are emerged. Detail explanation will be illustrated in the following table.

Table 1. Effect of discrimination

No	Negative effect	Found
1	Marginalization	✓
2	Disempowerment	✓
3	Low self esteem	✓
4	Negative behaviour	✓

1. Effect of discrimination

a) Marginalized

Situation: Eleanor comes to Mahjong games to meet Rachel

Scene: (Mahjong games place, 01:43:50-01:43:57)



Figure 1 Eleanor is talking to Rachel

Rachel: **'Cause I'm not rich? 'Cause I didn't go to a British boarding school, or I wasn't born into a wealthy family?**

Eleanor: You're a foreigner. American. And all Americans think about their own happiness.

The bold part shows, the main character, Rachel, feels marginalized. She is not a part of the rich family.

b) Disempowerment

Situation: Rachel is in Collin's wedding party, many people underestimate her, finally she decides to leave the party

Scene: (Collin's wedding party, 01:33:31- 01:34:18)



Figure II Rachel is leaving the party

Rachel : **(Running).**
 Eddie : Hey Cinderella, what's wrong? You gotta return your dress before midnight?
 All : Laughs
 Rachel is running because she feels disempower. She cannot stand by the situation where most of people discriminate her directly and indirectly.

c) Low self-esteem and self-identity

Situation: Rachel is talking to Peik Lin
 (In the restaurant, 01:15:26-01:15:38)



Figure III Rachel is talking to Peik Lin

Rachel : **I feel I shouldn't even go to the wedding. You know, it's Colin and Araminta's day. I don't wanna cause any drama there. I feel like I should just sit it out. You know? Tell Nick I had food poisoning or something.**

In this scene, Rachel shows she has low self-esteem. She is not confident of herself. She would like to avoid people in the wedding.

d) Negative behaviour (aggression)

Situation: Amanda is standing in Rachel's way.
 (At the church, 01:19:55-01:20:04)



Figure IV Amanda is standing in Rachel's way

Rachel : Amanda.
 Amanda : Mmm.
 Rachel : **You're in my way.**
 Amanda : (Scoffs) Okay, what?

In this scene, Rachel does a negative behaviour by saying alarming speech to not blocking her way.

After analyzing the negative effect of discrimination, it can be concluded that it is hard to face discrimination in a new place without understanding how to deal with it. The following discussion is how the main character deals with discrimination:

2. Dealing with Discrimination

According to American Psychological Association (Psychological, 2016) there are 7 ways of dealing with discrimination. In this research are found 5 ways that used by the main character to face discrimination. The detail discussion as the following points;

1). Focus on your strength

Scene: (Mahjong games place, 01:43:28-01:43:43)

Situation: Eleanor come to Mahjong game to meet Rachel to threaten her that she is not accepted in Eleanor's family.

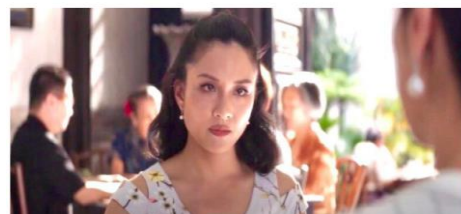


Figure V Rachel convinces Eleanor

Eleanor: There is a Hokkien phrase. (Speaking Hokkien). It means, "Our own kind of people." And you're not our own kind.

Rachel: **My mom taught me how to play. She told me Mahjong would teach me important life skills. Negotiation, strategy, Cooperation.**

The bold part shows that Rachel focuses on her strength. She is confident to face discrimination by stating her strength.

Scene: (Mahjong games place, 01:45:26-01:45:35)

Situation: Rachel is trying to convince Eleanor that is not afraid



Figure VI Rachel expresses her courage to Eleanor

Rachel: **I'm not leaving because I'm scared or because I think I'm not enough. Because maybe for the first time in my life I know I am.**

The bold part shows that Rachel is very brave. She trusts herself to solve the problem and to get involve in Nick's family because of her truly love.

2) Seek support system

Scene: (Near the beach, 01:02:28-01:02:58)

Situation: Rachel asks for help to Astrid, one of Nick family member who is very kind to her.



Figure VII Rachel and Astrid are buried a bloody fish

Rachel : (Screaming).

Astrid : I'll call security.

Rachel : No. I'm not gonna make a scene.

I'm not gonna give them the satisfaction.

In this scene, Rachel can't stand alone, she needs help to make her stronger. By finding someone who can accept and support you, it will be easier for you to face the problem.

3). Get involved

Scene: (Ah Ma's house, 01:09:50-01:10:10)

Situation: Rachel is invited to Nick's grandma's house for dinner and she meet Nick mother, Eleanor. Rachel tries to get closer



Figure III Rachel give compliment to Eleanor's ring
Rachel: That's beautiful ring, auntie Eleanor. I've never seen anything like it.

Eleanor: Nick's father had it made when he proposed me.

Rachel: It's very romantic. How did you guys meet?

In this scene, Rachel is trying to get involved to Nick's family, especially his mother. She give a compliment.

3) Help yourself think clearly

(Peik Lin's house, 01:34:53-01:36:31)



Figure IX Rachel have a rest

Peik Lin : Rachel. Come to breakfast. You need to eat. Or use the bathroom or maybe a shower. It's there if you need it.

Girl : Here, Rachel. This is your dinner.

Rachel : Thank you.

In this scene, Rachel makes herself think clearly by having a rest and think how to solve the problem.

(In the car, 01:13:33-01:13:40)



Figure X Rachel meets Nick

Nick : you all right?

Rachel : yeah.

In this scene, Rachel manages her emotion to find the proper words and expression to tell her problem to Nick.

4) Don't dwell

"Don't dwell" is one of the way to deal with the discrimination. It can be described that when people are discriminated, we have to against it to show our power so that the discriminator will be wary. Below are the example data:

(Collin's wedding party, 01:33:07-01:33:17)



Figure XII Eleanor discriminates Rachel in front of Nick
Eleanor: (Sighs). We cannot be linked to this sort of family.

Rachel: I don't want any part of your family.

In this scene, Rachel against Eleanor, Nick's Mom, by responding her statement. Rachel does not dwell instead of against it. Other example can be seen below;

(Collin's wedding party, 01:32:26-01:32:53)



Figure XIII Eleanor and Rachel have a bicker
Eleanor : I'm sorry to tell you, but Rachel has been lying to us about her family and her mother.

Rachel : What are... what are you talking about?

The bold part shows Rachel does not dwell. She responds Eleanor statement confidently by asking a confirmation of what Eleanor said.

III. CONCLUSIONS

This research found four negative effects of discrimination. They are (1) marginalization, (2) disempowerment, (3) low self-esteem and (4) negative behavior. The negative effect faced by the main character when she does not understand the situation and how to handle it. Meanwhile, after she deals with discrimination she can face it successfully. She used four ways to handle the discrimination. They are (1) focus on her strength, (2) seek support system, (3) get involved, and (4) don't dwell. These

four ways brings her to finally been accepted in Nick's family and friends. At the end of the story, Rachel and Nick are married. Secondly, the benefits can be taken from this research are to know how negative effect can affect the discriminated people in mentality and health. Meanwhile, some treatment to deal with discrimination can be used to finally been accepted in the new environment. Besides, when the discriminated people are success against the discrimination, some positive effect can be got, such as more courageous, though, and more confident. Lastly, this research is very limited so deeper research needed.

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